

७७॥ ग्राञ्चन मुन्देश स्त्रिंन श्रीन नर्गेन भा

KARMA SIDDHA PARAMPARA DHARMA CHAKRA DIPASYA BIHAR

Pokhara Manang Gumba

Brief History

The oldest Monastery in Pokhara was originally established in 1960 by the Nyeshang peoples migrated from Manang of the Himalayas. It is situated on top of a small green hill and surrounded by thick forest with a magnificent view of the whole Annapurna range of Himalayas and the Pokhara city. It is one of the major tourist attractions in Pokhara. However, few tourists visit has allowed the Monastery to remain tranquil and majestic.

The Monastery was rebuilt between 1994-2001. Due to the devastating earthquake in April and May 2015, there are extensive structural damages in the Monastery and the monk hostels. For the past few years, the condition was worsened by continuous landslides in the area due to lack of proper retaining walls, making it unsafe for living. At present, the monks still live inside these unsafe and partially damaged hostels. The monks live in fear of their safety. We too fear for the safety of the monks and all living in these hostels.

The reconstruction of the Monastery and its surrounding buildings including the monk hostels need to be done urgently. The monastery is in dire need of help in cash and in kind to materialize this mission.

Master Plan:

- 1. Main Monastery
- 2. Monks Quarter & Classrooms (136 rooms)
- 3. Kitchen, Dining area + TV hall
- 4. Retaining walls & a 500 meters tar road leading to the Monastery
- 5. Underground Parking Space & Multifunctional Hall
- 6. Playground
- 7. Guest house
- 8. Museum, Buddha statue, Library, Café & Souvenir Shop, Garden
- 9. 300 steps of stairs with 8 stupas leading up to the Monastery
- 10. Public Parking lots, public washroom
- 11. Clinic

Activities

A monk's daily routine starts with morning prayer generating compassion towards every sentient being and meditation on wisdom aspect taught by the Buddha. So that every act of the day can be motivated and generated by compassion and wisdom. After the morning prayers, younger monks engage themselves in memorising stanzas spoken by the Buddha and the Wise Masters of the past as the senior monks engage in meditation and practices. The younger monks then attend school following the national education curriculum. After lunch the monks conduct their daily routine practice of Buddhist rituals.

Prayers

Prayers are held twice daily at early morning and evening dedicating for world peace, blessings for worldly and spiritual success, and to overcome defilement such as sickness and obstacles. However, anyone can request the monks to recite Buddhist scriptures for any occasion. Sponsorship for the recitation is most welcome with the merit dedicated for the benefit and well being of their loved ones. These sponsors are necessary to sustain the livelihood of the monks.

Education

The monastery provides a comprehensive traditional Buddhist doctrine and ritual practices, apart from modern school education. While the senior monks engage in daily sadhana or meditation for inner development, the young monks are taught education based on national school curriculum on daily basis along with practices of Buddhist rituals.

Buddhism

Buddhism is a way of living mindfully in a right way, unharming to any kind of sentient beings, avoiding the two extremes and residing oneself in middle way. The middle way is perfect for every society and situation benefiting both self and others. In other words, Buddhism means rightful act in all conditions and situations fully base d on rightful logics. That's why Einstein said "In future if any religion can walk side by side with modern science it will be Buddhism.

Monthly Project

We heartily welcome you to join in our fund raising camping 1\$ MONTHLY PROJECT or more to rebuild the monstery. You may contribute in cash or in kind towards rebuilding. We rejoice in your generosity. May abundant blessings be upon you and your family.